

## **LEVEL ONE**

This person has completed the Tennis Ireland Level 1 Coach Education Programme, and is qualified to work with and develop beginner to intermediate players of all ages and under 9 regional standard players.

### **LEVEL ONE COACHING COURSE**

Recruitment:

All applicants must fill in an application form providing two referees. On receipt of the application form, the office writes to the referees, using a standard letter. Applicants are accepted based on the form, the response from the referees, proximity to the region, the needs of the region, and on a first come, first served basis.

In addition, all applicants must go through a Vetting process to be accepted onto the course.

The level one is divided into three modules:

Module 1 – Red Court – 30 contact hours and additional online learning

(Tennis Assistant One)

Module 2 – Orange/Green Court – 30 contact hours and additional online learning

(Tennis Assistant Two)

Module 3 – Orange/Green/Full Court - 40 contact hours and additional online learning

(Level One Coach)

The three modules cover the Active Start, the Fundamental & part of the Learning to Play & Practice Phases of the Tennis Ireland Long -Term Player Development Pathway and the Tennis Ireland Play and Stay Programme (Children 0-12 years of age and beginner teenagers and adults).

The course will be delivered through a combination of 100 contact hours with a Tennis Ireland Tutor, a series of online learning tasks and 30 Internship hours with a Tennis Ireland qualified coach Logged in a Logbook provided by the course organizers.

#### **The assessment process:**

During the 3 Modules, there will be a series of online tests associated with the online learning component and participants will need to score 90% in each test to complete the task.

There will be three practical assessments, a feeding/demonstration test and five online quizzes. Continuous assessment is conducted by the course Tutor and submitted to the assessor at the end of each Module.

In Module 1, Participants must pass the practical exam and the related online quizzes to

advance to Module 2.

In addition, by the end of the full Level 1 Programme, all participants must complete a logbook of thirty logged hours with a Tennis Ireland certified coach. (Ten Red Court, Ten Orange Court & Ten Green Court). We strongly recommend that participants complete the ten red court hours before they advance to Module 2. Participants also need to complete a reflective journal related to the on line video presentations.

In Module 2, Participants must pass the practical exam and the related online quizzes to be certified at Module 2 but in order to advance to Module 3 they must also pass a feeding/demonstration assessment. In addition, by the end of the full Level 1 Programme, all participants must complete a logbook of thirty logged hours with a Tennis Ireland certified coach. (Ten Red Court, Ten Orange Court & Ten Green Court). We strongly recommend that participants complete the ten Orange/Green court hours with the appropriate pupils before they advance to Module 3. Participants also need to complete the reflective journals related to the on line video presentations in each Module.

NOTE: The course tutor may grant exemptions from the feeding/demonstration test to certain candidates, who will not have to take this element of the assessment process, based on their abilities as assessed by the tutor during Module 1.

In Module 3, candidates must pass the practical assessment, the related online quizzes and submit a satisfactory logbook covering the full 30 hours on court experience with players of the relevant age and standard. NB. The full completed Logbook should be submitted one week before the Module 3 Practical assessments are due to commence. Failure to do so will result in delay of the overall results.

Participants will also need to have completed the reflective journals related to the on line video presentations.

In addition, the Child Protection Awareness Training, the vetting process, the First Aid and Defibrillator training must be completed before a participant can be awarded a Level 1 coaching qualification.

First Aid and Defibrillator training needs to be completed with a recognised provider from the list provided by Tennis Ireland.

**Module Repeats:**

Participants who fail at their first attempt at each module will be given an opportunity to repeat once. Participants who fail on their second attempt can reapply for the following year but must either repeat the full contact time on the Module or sign up to the Mentoring Programme. (See Mentoring Programme, below)

The written tests are taken online. The pass mark is 90% and a candidate has 10 attempts at achieving the required score.

**Please note:**

A candidate who requires special arrangements to be put in place for the written tests (e.g. dyslexic candidate) should inform the office of these requirements in writing well in advance of the course commencement date so that we can ensure every effort is made to facilitate him or her.

**MENTORING PROGRAMME – LEVEL 1**

A participant who does not pass a Module Assessment on their second attempt may be able to avail of the following option: Sign up for a six month (approximately) period with a Tennis Ireland appointed Tutor.

The participant pays the Mentor an agreed fee. The Mentor and the participant work together for approximately 6 months on subjects defined by tutors, assessor and participant, designed to `fill in the gaps` in the participant's expertise. After 6 months, the participant can retake the assessment in relation to the particular Module. Participation in this programme is subject to approval by the course tutor/s.

**Students for the Practical Assessments:**

Candidates will be asked to provide children and adults/teenagers of a suitable age and standard to act as 'students' for all practical exams in all Modules including repeat assessments. For practical assessments, all participants will be given three topics to

prepare in advance on a template provided. The participants will submit 3 written lesson plans and any one of the three topics can be given as their assessment topic.

Tutors will explain further how this will be organised at the start of each module.

There are also online video presentations from the course Assessor and the course Director on the assessment procedure for each Module. On sign up to each Module, participants will receive log in details to a secure area of the Tennis Ireland site where all relevant module material can be accessed.

#### Continuous Assessment

There is Continuous Assessment throughout the course which is provided to the Course Assessor before the end of each Module.

Cost per Module:

Module 1 – €400 Module 2 – €600 Module 3 – €600

Cost to repeat a Module:

Module 1 practical repeat – €100. Module 2 practical repeat – €100. Module 3 practical repeat – €100. Playing Test repeat only – €30

Delivery:

Module 1 is delivered in the Regions subject to a minimum of 12 confirmed and paid up applicants.

Module 2 & 3 are delivered in the Regions subject to a minimum of 10 participants.

The courses are delivered on weekends.

Where Regions have not met the quota, applicants may be offered a place in a central location, most likely Dublin.

Participants completing Module 1 will be eligible to work as a Tennis Assistant One under the direction of a Tennis Ireland certified Coach.

Participants completing Module 2 will be eligible to work as a Tennis Assistant Two under the direction of a Tennis Ireland certified Coach.

Participants completing Module 3 will be eligible to work alone in a club as a Level 1 Coach.

**In total the following tasks need to be completed before a participant can be awarded a Level 1 Coaching qualification –**

1. Application form submitted providing two referees.
2. Referees return the standard form to the Tennis Ireland Office endorsing the applicant
3. Course fees received
4. Vetting process fully complete (Please note this can take up to 8 weeks. Applications must be processed well in advance of the course to avoid delays of certification at the end of Modules) Please refer to the Guidelines for completion of the Garda Vetting form to avoid delays: <https://www.tennisireland.ie/child-protection/garda-vetting-for-your-club/>
5. Module 1 Practical Task complete
6. Module 1 Online Learning complete
7. Module 1 Reflective Journal complete
8. Child Protection Awareness Training complete
9. Module 2 Practical Task complete
10. Module 2 Online Learning complete
11. Playing Test either waived or complete
12. Module 2 Reflective Journal complete
13. Module 3 Practical Task complete
14. Module 3 Online Learning complete
15. Module 3 Reflective Journal complete
16. Logbook complete
17. First Aid and Defibrillator training complete

### **Personal Tutor Training**

Another option for applicants is to sign up for a Personal Tutor.

This works out more expensive but ideal for a candidate who requires flexibility.

To find out more details on the course and the costs involved please contact Lisa Murphy at 01-8844010 or [lisa.murphy@tennisireland.ie](mailto:lisa.murphy@tennisireland.ie)