



## **The MTI Method - Art of Doubles Course Descriptor for Tennis Ireland**

The purpose of this course is to demonstrate how to teach doubles tactics in a 'step by step' fashion and to create/monitor future player progress goals.

This MTI Method course content is split into four key areas;

1. The fundamentals of doubles movement and teamwork
2. Drills to show players the roles and responsibilities of each doubles player
3. Variations of formations and tactics
4. Drills that show players how they can create/build a point winning situation using point based 'real' examples from ATP/WTA matches

Attendees will experience the following during on court application;

- Effective, competitive and more engaging warm ups for players
- Drills to ensure player's 'checking' including the double check
- Simple drills to demonstrate player positioning
- Player communication and teamwork
- Doubles formations and tactics
- Attention to teaching point detail for advanced players
- Drills to develop 'creation/building' skills
- An understanding of player standards and when to teach each key area listed above
- How to conduct feedback more effectively
- Easy method to record lesson goals and match data efficiently for continued player future progress
- Post course information to be emailed

MTI have hundreds of glowing testimonials from coaches and players including former ATP players and current ATP coaches worldwide.